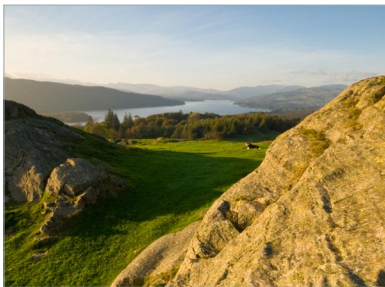


Fresh
Air is Free

short walks from burnside park



Brant Fell and Post Knott

Brant Fell is just a short walk from Burnside Park. With relatively little effort you can reach the viewpoint at Post Knott and summit the heights of Brant Fell, and enjoy a delightful view out over Windermere to the Conistone fells and the central summits of the Lake District up to the mighty Fairfield.

From Burnside Park, turn left towards the village centre. On the right, walk up the steep and quiet Brant Fell Road. At the top is a clearly marked gate and path leading you to the viewpoint. From here you can continue to the top of Brant Fell.

This walk should take around 1 hour if you take your time to soak up the fantastic views.



School Knott

School Knott is a local secret and is one of the best vantage points to enjoy views over Windermere. When you get to the summit you are rewarded with a lovely view of the town of Windermere, the northern part of the Lake and the Langdale Fells.

Head out of Bowness to the village of Windermere to locate this walk with a view that's not to be missed. This lovely walk is approximately 3 miles and takes around 50 minutes.

Queen Adelaide Hill

This walk takes you to some amazing view points looking down Lake Windermere towards Ambleside and the Langdale fells.

Follow the bottom road out of Bowness towards Ambleside, keep walking until you get to a gate on the left with a footpath clearly marked this will take you to the Lake shore.

Go into the grassy field and up the hill on the left and take in the spectacular view. Go over the hill and back onto the road. Continue in the same direction and you will come to a lovely view point with the most spectacular views.

To return to Bowness retrace your tracks until you get to a gate on the right before the footpath you came on, it says Millerground. Follow this down to the lake shore and walk along here until you get to where you joined the lake shore path before and retrace your tracks again from here.

Orrest Head

Orrest Head may not be the highest peak in the Lake District but is considered by many to be the best viewpoint over Lake Windermere. On a clear day, the fell offers a 360° panorama; from the top you can see nearly the whole of Lake Windermere and beyond to the higher Langdale Pikes. It is the first fell that Wainwright famously climbed which gave him a lifelong love of the Lake District landscape.

Reach this walk by walking to the village of Windermere and locate the start to the left of the Windermere Hotel on the bank facing you as you leave the village.



Walk on the West

Take the passenger ferry to the quiet western shores of Windermere for quite lakeside walks past secluded pays, through enchanting woodland, all the way to Wray Castle.

Enjoy its open parkland and landscaped gardens beside the lake. If you're feeling energetic, walk into the wooded hills and discover a selection of peaceful tarns to wander beside. Ferry is only 50p for walkers or £1 if you'd like to take a bike.

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Take part in our online survey for your chance to win!**

Closing date December 2011

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Nurture Lakeland is a part of Nurture Cumbria, a charity registered in England and Wales with the charity number 1130453 and company number 3317259

Family fun round bowness-on-windermere

Fresh
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Picnic beside the lake

Bowness Bay is where you will find Bowness Pier and Cockshott Point. The path through Cockshott Point, which goes very close to the lake shore, is suitable for wheelchairs and pushchairs. There are also a few bench seats along the path, which look out to Lake Windermere; this is also a popular picnic spot with families.

Electric Bike Hire

Ask at reception about our new exciting electric bikes available for hire. They take the strain out of our rolling hills and allow you to get your fresh air fix!

Mini Golf

The Glebe in Bowness (the parkland beside the lake and boats) offers shops, restaurants and cafes. Here you can also challenge your kids, or friends to a game of mini or crazy golf. It's the perfect way to spend a fun and relaxing half an hour with your friends or family.

Mountain Goat Tours

A local bus tour guiding company can collect you from Burnside Park and show you the best of Lake District sights.

Themed tours run regularly and the general sightseeing tours allow you to soak up the best views with someone else driving. Enquire at reception about how to book a tour.

Boat Hire

Enjoy Windermere at your own pace and rent a rowing boat from the main bay in Bowness. Alternatively, sail boats and kayaks are available to hire from Lakes Leisure – a centre just beyond the World of Beatrix Potter in Bowness.

Beatrix Potter's Hill Top

Beatrix Potter spent most of her adult life in the Lake District and wrote her famous tales here, inspired by the beautiful natural surroundings. Take a trip to Hill Top, Beatrix Potter's home and setting for many of her famous novels. Hill Top is open everyday except Friday.

Access with the "Cross Lakes Experience", it's an integrated ticketing system for bus and boat that operates daily throughout the summer from Bowness-on-Windermere. A connecting ferry service allows visitors to cross to the western shore of Windermere to join the mini coach service and travel onward to visit Hill Top and the beautiful village of Hawkshead.

Beatrix Potter in Bowness

The World of Beatrix Potter Attraction is centred in the heart of Bowness and brings to life the famous tales of Peter Rabbit and Miss Tiggy Winkle. This interactive visitor experience with traditional gardens and café is the perfect place for rainy days.

Windermere Lake Cruises

Lake Cruises are the best way to experience the enchanting waters of Windermere. A range leave from Bowness, you can enjoy circular routes to sit back and enjoy the views, or take them to reach other destinations. **Ask at reception for your 10% discount on the Lake Cruises!**

Lakeside

The southern tip of the lake is home to Aquarium, Steam Railway and access to the Lakeland Motor Museum. Lake cruises offer joint tickets that save you money and allow you to see several of the attractions in one go.

Waterhead at Ambleside

Ambleside is a popular walkers village at the northern end of the lake. Depart here for beautiful Stockghyll Force waterfalls, outdoor shops and bigger hill walks.

Brockhole Visitor Centre

Brockhole has a full visitor centre facility with a café and adventure playground. The beautiful lakeside gardens are the perfect place to relax and wander. During the summer, there is a calendar of special events to enjoy too.



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